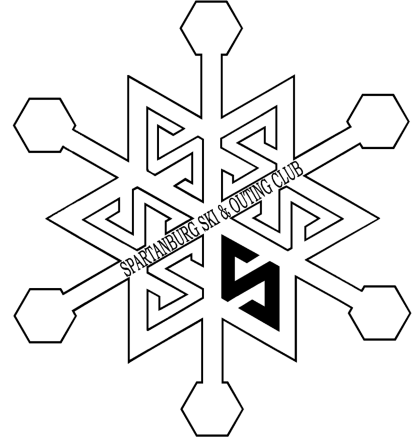


A Non-Profit Organization **SEPTEMBER 2017**

# SPARTANBURG SKI AND OUTING CLUB



ESTABLISHED 1970



MEMBER CRESCENT SKI COUNCIL



Sept. 7<sup>th</sup> - Club Meeting at Lake Bowen (Page 3)



Sept. 19<sup>th</sup> - Mini-Social at La Taverna (Page 4)



Sept. 23<sup>rd</sup> - Purple Bus Tour in Asheville

 **Labor Day**

<http://www.spartanburgskiclub.org>



## *President's Page - September*

### Healthy Reasons to Be in SSOC

1. You're less likely to catch a cold. Highly social people are less likely to catch a cold. Research has found that extroverts have the highest level of immune-system functioning.
2. You'll fight off depression. Sometimes when you're feeling down, the last thing you want to do is to go out and socialize, but again, research shows that connecting with others helps improve your mood and fight off depression.
3. You sleep better. People who are more socially isolated experience more nighttime restlessness and disruptions, even if they aren't aware of their feelings of loneliness. The more fulfilling connections people had with others, the better they slept.
4. You're more productive. Workers were more happy and productive when they went on breaks at the same time.
5. Your brain stays sharper. Active socializing delays memory loss as we age. Social ties can preserve our brain health, as social interaction can help keep us mentally engaged.
6. You'll live longer. If you're looking to live a long and healthy life, start surrounding yourself with good friends. People with social relationships live 50 percent longer than people who are more socially isolated.

Friends can not only help you deal with stress and act as a buffer to its effects, but they can also encourage you to take better care of yourself.

What better reason to rejoin the Club either by mail or by attending the membership meeting on Thursday, September 7, at Lake Bowen's Anchor Park.

Pat



# Upcoming Programs:

## **Thursday 9/7/17: Membership Renewal Meeting at Lake Bowen Landing**

At 6:00pm, we will have a brief meeting under the pavilion and will serve hotdogs, chips and sodas. Members will have an opportunity to go for a lake ride on pontoon boats if they choose, or may socialize under the pavilion. Members may bring an appetizer to share either in the pavilion or on a boat. Remember to bring your membership renewals! We hope for great weather and look forward to seeing everyone there.

## **Thursday 10/5/17: Beer Tasting**

We will be meeting back at the Chapman Cultural Center. We will sample some Oktoberfest beers and enjoy some German snacks.

## **Thursday 11/2/17: Wine Tasting**

We would love to have some volunteers (6-8) to bring a favorite wine to share in this tasting. Please let me know if you would like to share a favorite wine as we start to plan this event.

See you all soon!

Jeffrey Morgan



# UPCOMING MINI SOCIALS

## MARK YOUR CALENDARS NOW!

TUESDAY, SEPTEMBER 19

6:30 PM



&

THURSDAY, OCTOBER 12

6:30 PM



"BEER IS PROOF THAT GOD LOVES US AND WANTS US TO BE HAPPY."

~ BEN FRANKLIN ~





Ron Scott  
Race Director  
H 919/362-5689  
[Rscott013nc.rr.com](mailto:Rscott013nc.rr.com)

### 2017/2018 CSC Race Series

December	2-9	2017	<i>Steamboat Race Camp Call Sports Am. Tours 800 876 8551</i>
December	Call	2017	<i>Killington Race Camp Call 800 752 2005 Information</i>
December,	03	2017	<i>CSC Development Training at Appalachian 9:45 to 3:00</i>
December,	8-10	2017	<i>Sugar Mt. Race Camp Call Kim Jöchl 828 898 4521 x224</i>
December	Call	2017	<i>Timberline, WV Ski School 304 866 4801 <u>Tim Worden is RD</u></i>
<i>Gate Training at Appalachian each Friday evening before a Boone Area Crescent Race Contact Ken L.</i>			

### Race Format - Two runs of Slalom on Saturdays and two runs of Giant Slalom on Sundays

December 16 & 17, 2017      Appalachian Mt, NC Race      9:30

January 06 & 07, 2018      Sugar Mt, NC Race      9:00

January      7-14, 2018      Crescent Ski Council Ski Week

January 27 & 28, 2018      Canaan Valley, WV Race      TBD

February      5, 2018      Cupp Run Challenge at Snowshoe, WV

February 10 & 11, 2018      Beech Mt, NC Race      10:00

February 24 & 25, 2018      Appalachian Mt, NC Race      9:30

March      TBA, 2018      Governor's Cup Race at Timberline, WV

March      4, 2018      Dick Trundy/Sugar Cup GS Sugar Mt.      9:00

March 9-11, 2018      Crescent Cup, SilverCreek, WV      8:45

March      21-25, 2018      NASTAR Nationals Squaw Valley, Calif. Rich Mead  
DEC. 2-9, 2017 CSC Racing's 33<sup>rd</sup> RACE CAMP @ STEAMBOAT-START PLANNING  
NOW AND CALL SARA OR GO ON-LINE AT S.A.T. TO RESERVE YOUR SPACE!  
Crescent Cup race format will be both GS and SL races on Saturday, weather permitting.  
GS will start at 8:45 – SL start time TBA – dependant on conditions and set-up time.



## SUMMER MEETINGS

The ski club had some great meetings and socializing this summer. I want to thank all the members who were responsible or helped out to make it such a good time. If you missed Mike's Low Country Boil (Frogmore Stew), you missed an awesome meal! He did a wonderful job, and he and Barbara put a lot of work and time into making it quite a memorable feast! Bob and Diane were most gracious to have us at their home on the lake, and Jeffrey, you did a lot of coordinating with the troops to get things done, thanks. The meeting at Teresa's home and pool was another wonderful night. I didn't get to go this year, but being such a lovely hostess, Teresa may ask us to come back next year. We got lucky this year in August at the lake. No rain and rather low humidity and temperatures. Yay!



Since we had large turnouts at all the meetings, we had lots of great food each month. We've always said SSOC has the best chefs! If you didn't make the meetings this summer you missed some wonderful times. This is a great time to just relax and get to know your fellow members in a casual atmosphere. Many thanks to all who brought the wonderful foods. Hope everyone had a good time! See you in September...

Conni



Please remember that our monetary donations are going to St. Lukes Free Medical Clinic. This clinic helps Spartanburg County residents who have no medical coverage. I hope none of us ever find ourselves in this situation. We may be a small organization, but we are making generous donations to organizations because of your generosity. Thank you for opening your hearts and wallets to support this organization. I'll have the donation box at the September meeting. See you there!

Thank you,

Joy,

Fundraising





# **Steamboat** 34th Annual **Race/Ski/Ride Camp**

**December 2-9, 2017**



## **TRIP INCLUDES:**



**7 Nights Lodging**

The Lodge at Steamboat



**6 Day Lift Pass**

Kids Ski Free (12 & Under) when parents purchase ticket



**5 Day Lesson Package**



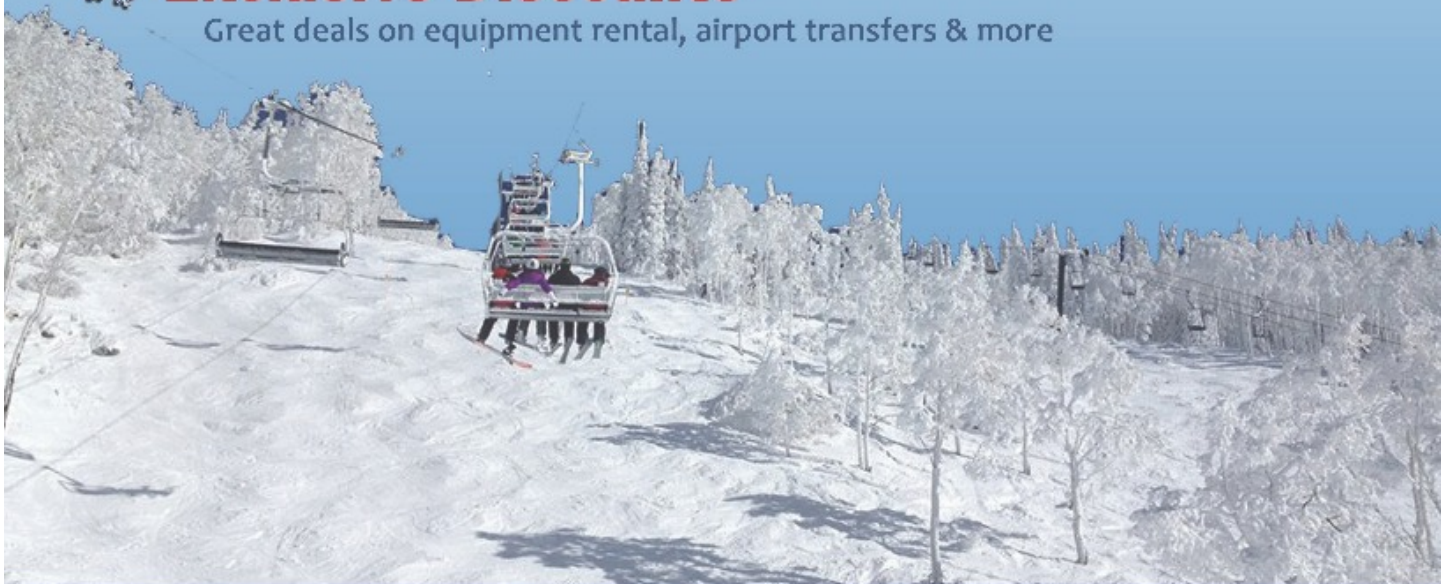
**Group Events**

Welcome Reception, Western BBQ Dinner, Apres Parties  
3 Mountain Lunches, Awards Banquet w/door prizes



**Exclusive Discounts**

Great deals on equipment rental, airport transfers & more



Sign up at [www.sportsamerica.com/csctrips](http://www.sportsamerica.com/csctrips)  
Questions: email [csc@sportsamerica.com](mailto:csc@sportsamerica.com)



## Membership News

It is time again for most of you to renew your membership in the Spartanburg Ski and Outing Club. If you need to renew you will receive your membership renewal form before the next membership meeting. Please review the form and make sure that all items entered are correct. Return the form and your dues to me as soon as possible, either by mail or bring them to the next membership meeting. Remember your membership expires on September 30<sup>th</sup>. There are already lots of activities planned for next year so now is the time to renew.

Don't forget to check family or single membership on the form. To be eligible for a family membership you need to be either married or have the same legal address. There are no exceptions.

If you sponsor two *new* memberships during year, October 1 through September 30 of the following year, your membership fee will be refunded. A good chance to bring in some new members and save a little at the same time.

*Ted*



The heat is on! This time of year is critical for The Spartanburg Humane Society. So many animals of all ages need homes. These animals need food, care, and shelter until they are adopted. We have been able to make THREE great donations in three months! ***They still need our help.*** Food, treats, beds, towels, and cleaning supplies are all greatly needed. They need **Pedigree dog food**, and any brand of cat food and kitten food. Dry dog food and kitten food are really needed at this time. ***If you would like to make a monetary donation, make your check out to the SHS. These donations are tax deductible.*** We delivered several monetary donation last month. I'll have my wagon at Bowens Landing for the September meeting. Let's fill my wagon for another great donation. See you there!

*Joy,*

*Fundraising*





# CRESCENT SKI WEEK

## JANUARY 13-20, 2018



### PACKAGE INCLUDES:

- Seven nights lodging
  - 6 nts in Mammoth - 2bd/2ba Condos & Hotel rooms available
  - 1 night in downtown Reno at Silver Legacy
- 5 days Lift Tickets
- Airport Transfers
- Crescent Events
  - Including welcome reception, apres & more!
- Group discounts on equipment rentals

## Mammoth

JUNIPER SPRINGS LODGE



**For more details:**

Contact your club representative or  
[csc@sportsamerica.com](mailto:csc@sportsamerica.com)



**Sign up at: [www.sportsamerica.com/csctrips](http://www.sportsamerica.com/csctrips)**





## Riverbanks Zoo, Columbia, SC Saturday, October 7<sup>th</sup>

We plan to visit Riverbanks Zoo on Saturday October 7<sup>th</sup>. It is approximately 1½ hours from Spartanburg right off I-26 before reaching Columbia. Here is their website <http://www.riverbanks.org>.

Admission is \$15.95 for adults and \$14.95 for seniors at the gate. You can purchase tickets on-line for \$13.75 and they are good for any day (in case it rains). Each person is responsible for purchasing his or her own ticket.

We can meet at allocation to be determined around 9:00 AM or you can go on your own. I do ask that you tell me if you are going with your cell number.

They do have a restaurant onsite that serves sandwiches, etc. You also have the option to bring your lunch and those that wish can picnic near the entrance. They don't allow food in the zoo but your ticket will allow re-entry.

Please contact me at 864-578-0618 or 854-590-2066.

Mike Rogers, Special Events





# *Crescent Ski Council*

*presents*



## *Killington*

### *March 18-23, 2018*

#### **PACKAGE INCLUDES:**

**GRAND RESORT**



- Five Nights Lodging •  
Hotels at slopeside Grand Resort or 2bd/2ba Condos
- Welcome Party •  
Hosted at Grand Lodge w/desserts & 2 drinks
- Mid week mtn lunch & Poker Run •
- Farewell Dinner Party •  
Hosted at Lookout Tavern - includes private transfers
- Lift tickets good at Pico Resort •
- Day trip to Okemo •
- Custom Souvenir Item •
- Optional 2 night Extension at Mount Snow •

#### **Additional Information:**

csc@sportsamerica.com    800-876-8551 ext125  
sign up at [www.sportsamerica.com/csctrips](http://www.sportsamerica.com/csctrips)





## *Thanksgiving volunteers Thursday, November 23<sup>rd</sup>*

*For those of us that don't have Thanksgiving day plans and are willing to volunteer we want to have a "Special Event" and help feed our community this year. So many have no Thanksgiving meal and we want to help make that happen. We will be choosing a non-profit and offer our services.*

*If you are willing and able to help, please let me know.*

*Mike Rogers, Special Events  
864-578-0618 or 864-590-2066*





# SPARTANBURBG SKI AND OUTING BOARD OF DIRECTORS

2017 – 2018

<b>President</b>	Pat Lee	497-0060	patricia159@charter.net
<b>Vice President</b>	Conni Harrell	592-3405	concancom@gmail.com
<b>Secretary</b>	Alison Kimball	814-5372	akimball@bellsouth.net
<b>Treasurer</b>	Ted Mueller	592-3405	ted.mueller12@yahoo.com
<b>Membership</b>			
<b>Past President</b>	Barbara Rogers	578-0618	kwizen@bellsouth.net
<b>Publications</b>	Taylor Bomar	576-3776	taylor.bomar@att.net
<b>Website</b>			
<b>Historian</b>			
<b>Programs</b>	Jeffrey Morgan	865-919-6974	zjlm44@yahoo.com
<b>Socials</b>	Alison Kimball	814-5372	akimball@bellsouth.net
<b>Crescent Rep</b>	Rich Darling	707-5297	dikdar@aol.com
<b>Trips</b>	Rich Darling	707-5297	dikdar@aol.com
<b>Fundraising</b>	Joy Bobo	433-0802	joy.bobo@att.net
<b>Publicity</b>	Teresa Bowers	864-431-1892	tcbowers@charter.net
<b>Racing</b>	Elke Schoellkopf	472-5738	firstelke@aol.com
<b>Activities Coordinator</b>	Mike Rogers	578-0618	kwizen@bellsouth.net



## Birthdays



The following members have birthdays in September. Happy Birthday to:

Joy Bobo	September 4th	Vickey Watson	September 24th
Agnes Darling	September 18th	Bob Fennessy	September 15th
Elke Schoellkopf	September 19th		

Have a wonderful day !!!

*Ted*



## Treasurer News



The balance in the treasury as of August 14 is \$3521.89. The balance on July 14 was \$3472.61





## **NOTES**

Any Spartanburg Ski Club member may submit items for publication in the newsletter. Publication deadlines can be found on the pullout calendar included in the newsletter each month. Call Taylor for information on how to submit your newsletter item.

Also, don't forget - the club has a "tent" available for rent. It is an 18 X 20 tent, and it is easy to assemble. We also have 4 tables that can be rented with or without the tent. We have the makings for that special occasion and it is all very reasonably priced! Tent rental is \$ 35. Tables can be rented for \$5 per table. Remember; don't have a party without the comfort of shade. Your guests will appreciate it and so will the club! For rentals of either tent or tables contact Joy Bobo.

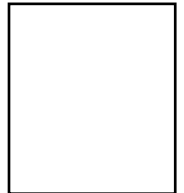
The Spartanburg Ski & Outing Club normally meets the first Thursday of each month at 7:00 PM. We are located at the Chapman Cultural Center (West Wing) on East St. John Street in Spartanburg on the first floor. During the summer months (June, July, and August) meetings are frequently held, more informally, at different sites and times. Therefore it is necessary to consult the club web site or a current newsletter for the time and location. April's meeting is held at the Piedmont Club.

The club does **not** provide alcoholic beverages at membership meetings, but members are allowed to bring their own (BYOB) choices of beer or wine. Over-indulgence is not condoned under any circumstances. Cups, ice, and some soft drinks are provided. Thank you.

## **Become a Member**

A copy of our membership application is located at the following web address:  
<http://www.spartanburgskiclub.org/membership/ssocappl.doc>

**SPARTANBURG SKI & OUTING CLUB** We  
**PO BOX 2864** Go  
**SPARTANBURG, SC 29304** for  
Snow

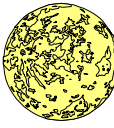









# SPARTANBURG SKI & OUTING CLUB

## September 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 <b>Labor Day</b> Labor Day	5	6  Full Moon	7 Club Meeting - At Lake Bowen	8	9
10	11	12	13  Last Quarter	14	15	16
17	18	19  Mini-Social at La Taverna	20  New Moon	21  Board Meeting at Alison's	22	23 October 2017 Newsletter Deadline Purple Bus in Asheville Autumn begins
24	25	26	27	28  First Quarter	29	30

Aug 2017

S	M	T	W	T	F	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Oct 2017

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22	23	24	25	26	27	28
29	30	31				

# Upcoming Events

## October

Oct 2017						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

- 5 Club Meeting - Beer Tasting
- Full Moon
- 7 Riverbanks Zoo Trip
- 9 Columbus Day (Observed)
- 12 Last Quarter
- Mini-Social at Hans and Franz
- 19 Board Meeting at Taylor's

New Moon

21 November 2017 Newsletter Deadline

27 First Quarter

31 Halloween

## November

1 Club PO Box Fee Due

2 Club Meeting - Wine Tasting

4 Full Moon

5 Daylight Savings Time Ends

7 Election Day

10 Last Quarter

11 Veterans Day

16 Board Meeting at Rich's

18 December 2017 Newsletter Deadline

New Moon

23 Thanksgiving

26 First Quarter

## December

Apr 2018						
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22	23	24	25	26	27	28
29	30					

- 2 CSC Steamboat, CO Race Camp
- 3 CSC Steamboat, CO Race Camp
- Full Moon
- 4 CSC Steamboat, CO Race Camp
- 5 CSC Steamboat, CO Race Camp
- 6 CSC Steamboat, CO Race Camp
- 7 Club Meeting - Program TBD

CSC Steamboat, CO Race Camp

8 CSC Steamboat, CO Race Camp

9 CSC Steamboat, CO Race Camp

10 Last Quarter

18 New Moon

21 Board Meeting at Jeffrey's

Winter begins

23 January 2018 Newsletter Deadline

25 Christmas

26 First Quarter

31 New Year's Eve

## January

1 New Year's Day

2 Full Moon

4 Club Meeting - Program TBD

8 Last Quarter

13 CSC Ski Week in Mammoth, CA

14 CSC Ski Week in Mammoth, CA

May 2018						
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Jun 2018						
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Jul 2018						
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Aug 2018						
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30						

Nov 2017						
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Dec 2017						
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Jan 2018						
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Feb 2018						
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25	26	27	28			

Mar 2018						
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31