SPARTAMBURG SXX & OUTING





Sep. 7th: Club Meeting at the Arts Center BBQ & Membership Renewal





Sep. 13th: Mini-Social at Chandi's





Sep. 23rd: Bowling & Dinner Outing





SEPTEMBER 2006



From Gerhard . . .

September! Renewal time. Not worth it? You'll never know till the year is over so come on over the Courtyard at the Arts Center and mull it over with some BBQ and a drink. Remember that the good stuff, Skiing and Racing, Roan Mountain and Out West is just around the corner. See you there.

September in the Courtyard at the Arts Center

It's that time of year when we renew our membership and bring friends to join in the fun. The club will have BBQ, Coleslaw and Brownies in the Courtyard at the Arts Center on September 7, 2006 at 7:30. If you would like to bring a side dishthat would be great! Hope to see you there.

Julie

P.S. Those of you who know you are coming if you could give me a heads up that would be great so I could get estimation. (864) 583-1997.

September Mini-Social

Our mini for September will be at Chandi's Bistro. We have good turnouts for these mid month minis and have discovered some great places to eat. Chandi's is located at 805 Spartan Boulevard which is the road that goes between WestGate Mall and Old Navy, Toys 'r' Us etc. It's right next to the Hampton Inn. Look for the umbrellas and tables outside. We're meeting at 7:00 pm on Wednesday, September 13th. Chandi's phone number is 699-8000. We hope to meet you there. Pat and Bob Lee

Boowwwwling

When: Saturday, September 23, 2006 at 4 pm

Where: Shamrock Lanes

469 East Blackstock Road Spartanburg, SC 29301

Sign up at the September meeting.

Eating afterwards: IHOP or Basils.

Overnight Trips

Jackson Hole Trip

This year we are going on the Jackson Hole Trip as our club trip. We already have around eleven members signed up for the trip. Please sign up as soon as possible so we can get the club in rooms close together. The spring trip to Alaska is an option if you cannot make the winter trip.

Roan Mountain

Roan Mountain will be February 9,10, and 11th the rooms will run \$200.00 this coming year. Sign up sheets will be at the September meeting.

Fall Conference

The Crescent fall conference is November 10-12,2006 It will be held at the Days Inn in Asheville the hotel rooms are \$59.25 per night. You must make your own reservations for the hotel. (1-828-252-4000) Please call me if you are interested in going so I can sign you up for the conference. I will have more options later if you just want to come up for a hike or the UllrFest party \$25.00. Thanks, Julie 864-583-1997



Over pronation is the excessive motion of the arch lowering and ankle tilting inward. It leads to the majority of foot and body joint problems, because excessive pressure is placed on the soft tissue and not on the skeletal structure of your foot where it belongs. An inefficient motion, pronation can sap your foot's energy as you walk, run, or ski.



At Alpine, We recommend Superfeet insoles to skiers and riders of all ability levels for their comfort, performance, and power.

Born out of one of the leading podiatric laboratories in the world, Northwest Podiatric Laboratory, Inc., Superfeet has been helping people stay healthy and comfortable on the slopes since 1977.





CRESCENT SKI WEEK



JAN. 13-20, 2007 JACKSON HOLE, WYOMING

JACKSON

Welcome to the CSC's January Ski Week A week of special events, parties and activities are planned for you.

- SEVEN NIGHTS DELUXE HOTEL LODGING:
 49ER INN & SUITES, COWBOY VILLAGE AND THE ANTLERS INN
- ALL LODGING TAXES
- ROUNDTRIP AIRFARE
- CHARTER BUS TRANSFERS TO LODGING
- FIVE OF SIX DAYS SKIING JACKSON HOLE MOUNTAIN RESORT
- OPTIONAL: DAY OF SKIING AT GRAND TARGHEE
- OPTIONAL: SIXTH DAY SKIING AT JACKSON HOLE (\$40)
- A FULL WEEK OF EVENTS SEE SIDEBAR

SCHEDULE & ACTIVITIES

Saturday, Jan. 13 Arrivals . Settle in

Sunday, Jan. 14 Mountain tour Welcome Reception

Monday, Jan. 15 Scavenger Hunt Korbel® Wine & Champagne Party

Tuesday, Jan. 16 BBO Lunch

Wednesday, Jan. 17 Day off (for 5-day skiers) Optional Grand Targhee Day

Thursday, Jan. 18 Inter-club Races Farewell Dinner

Saturday, Jan. 20 Departures

For more information contact:

Sports America: 800-876-8551 groups @ sportsamerica.com

SPARTANBURG SKI & OUTING CLUB BOARD OF DIRECTORS 2006-2007

<u>POSITION</u>	<u>NAME</u>	HOME PHONE	E-MAIL
PRESIDENT	Gerhard Buettner	583-1997	gbuettner@charter.net
PAST PRESIDENT	Barbara Rogers	578-0618	kwizen@bellsouth.net
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ACTIVITIES Open – Call Gerhard If Interested			
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REMINDERS

Any Spartanburg Ski Club member may submit items for publication in the newsletter. Publication deadlines can be found on the pullout calendar included in the newsletter each month. Call Taylor for information on how to submit your newsletter item.

Also, don't forget - the club has a "tent" available for rent. It is an 18 X 20 tent, and it is easy to assemble. We also have 4 tables that can be rented with or without the tent. We have the makings for that special occasion and it is all very reasonably priced! Tent rental is \$ 25. Tables can be rented for \$5 per table. Remember; don't have a party without the comfort of shade. Your guests will appreciate it and so will the club! For rentals of either tent or tables contact Joy Bobo.

SPARTANBURG SKI & OUTING CLUB PO BOX 2864 SPARTANBURG, SC 29304